

PSYC 460: Clinical & Counseling Psychol

Location:	Evening
Address:	1001 Rogers Street Columbia, MO 65216
Section:	19FALL1/PSYC/460/EVA
Semester Credit Hours:	3
Class Day(s) and Time(s):	Tuesday 5:30 PM - 9:30 PM from August 26, 2019 to October 19, 2019

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Course Information

Catalog Description

Contemporary theory and practices in clinical and counseling psychology. Psychotherapy interventions are studied from the psychoanalytic, cognitive, family, behavioral and existential perspectives. Research, legal and ethical issues are examined as they relate to the counselor as a person and as a professional.

Prerequisites: junior standing; PSYC 175 or SOCI 175; 3 additional hours of PSYC courses.

Additional Notes

This is an interactive course using virtual in-seat classroom and D2L in a blended learning environment. Our class will consist of both in-seat and online instruction through various resources, discussion and homework. Classes will be recorded and then made available through D2L. Please note that we will meet every week, unless otherwise noted. This class is based in the Columbia College main campus in Columbia, MO and offered via virtual technology to students at other locations. Enrolled students at other locations should contact their location staff to determine when and where their class will meet.

Late assignments will not normally be accepted. Emergencies do occasionally occur and these situations will be reviewed on an individual basis. Should one occur, you have the the responsibility of immediately notifying the instructor of an extension of time to submit the work. Extensions may or may not be approved, depending on the situation and the timing of the request. An extension would not be approved if the request is made on the date that the work is due and certainly NOT after the due date. Please be provide some evidence of the emergency.

If approved for an extension, assignments submitted will lose 20 points for each day the assignment is late. Assignments will not be accepted after midnight on the Tuesday following the due date. The Final Research Paper will not be accepted after midnight on the Saturday following the due date. The score for the final paper will be reduced 20 points for each day the paper is late.

Textbooks

As part of TruitionSM, students will receive their course materials automatically as described below.

 Corey. (2017). *Theory and Practice of Counseling and Psychotherapy with access to MindTap* (10th). Cengage. eText

Bookstore Information

Visit <https://www.ccis.edu/bookstore.aspx> for details.

eText Information

If a course uses an eText, (see textbook information above) the book will be available directly in Desire2Learn (D2L) seven days before the session begins, if registered for courses prior to that date. Upon first login to VitalSource, students should use their CougarMail email address; alternate email addresses cannot be used. More information about how to use the VitalSource platform, including offline access to eTexts, can be found in D2L.

Physical Course Materials Information

Students enrolled in courses that require physical materials will receive these materials automatically at the shipping address on file with Columbia College. Delivery date of physical materials is dependent on registration date and shipping location. Please refer to confirmation emails sent from Columbia College for more details on shipping status.

Returns: Students who drop a class are responsible for returning any physical course materials that were shipped. To initiate a return, visit [Ingram Returns](#) to generate a pre-paid return label. Materials from dropped courses must be returned within 30-days of receipt. **Failure to return physical items from a dropped course will result in a charge to the student account for all unreturned items.**

Note: Students who opt-out of having their books provided as part of [TuitionSM](#) are responsible for purchasing their own course materials.

Technology Requirements

THIS IS A TECHNOLOGY-ENRICHED COURSE WHICH COMBINES IN-SEAT INSTRUCTION WITH ONLINE LEARNING.

Participation in this course will require the basic technology for all classes at Columbia College:

- A computer with reliable internet access
- A web browser
- Acrobat Reader
- Microsoft Office or another word processor such as Open Office

For more information, see [technical requirements](#).

Course Learning Outcomes

1. Demonstrate resolutions to ethical issues in counseling.
2. Demonstrate knowledge of person-centered therapy and reality therapy and choice theory.
3. Explain the conceptual and theoretical basis for behavioral approaches to theory.
4. Explain the conceptual and theoretical basis for feminist and postmodern approaches to counseling.

Grading

Grading Scale

Grade	Points	Percent
A	900 - 1000	90-100%
B	800 - 899	80-89%
C	700 - 799	70-79%
D	600 - 699	60-69%
F	0 - 599	0-59%

Grade Weights

Assignment Category	Points	Percent
Essays	300	30%
Integrative Theory Paper	250	25%
Midterm Exam	200	20%
Final Exam	250	25%
Total	1000	100%

Schedule of Due Dates

Week 1

Assignment	Points	Due
Reflective Essay	50	midnight Sunday

Week 2

Assignment	Points	Due
Reflective Essay	50	Sunday- Midnight

Week 3

Assignment	Points	Due
Reflective Essay	50	Sunday by midnight

Week 4

Assignment	Points	Due
Midterm Exam	200	Week 4
Reflective Essay	50	Sunday midnight

Week 5

Assignment	Points	Due
Abstract	50	Week 5

Week 6

Assignment	Points	Due
Annotated Bibliography	50	Week 6

Week 7

Assignment	Points	Due
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Week 8

Assignment	Points	Due
Final Integrative Essay	250	Due at beginning of class
Final Exam	250	Week8

Total Points: 1000

Assignment Overview

Assignments

You will complete six assignments that assist in building your final Integrative Theory Paper. The focus of these papers is on the research and writing process. Rubrics and direction will be given the week prior to each assignment due date.

The Integrative Theory paper should articulate your personal theoretical orientation to counseling. Your paper should address specific issues as outlined in the textbook. This paper will be ten pages in length and integrate concepts and techniques of the counseling methods learned throughout this class. This paper should be formatted in APA style with a title page, an abstract, and a reference page. No fewer than five appropriate references are expected.

Examinations

The Midterm exam will consist of multiple choice and essay questions that will measure knowledge of the first half of the class.

The Final exam is comprehensive and will include both multiple choice and essay questions.

Study guides will be made available for both exams

Course Outline

Click on each week to view details about the activities scheduled for that week.

Week 1: Basic Issues in Counseling Practice

Reflective Essay

Review the theories presented in our text. Pick a few of the theories that you resonate with and summarize their benefits. This is a three page assignment in total that will should include a title page, page of content, and reference page. At least one reference is required for this assignment. Submit it to its respective assignment dropbox.

Reading

Chapters 1,2 , 3 & 15

Review Online Materials

Week 2: Psychoanalytic Theory

Reflective Essay

Focus on one theory that best fits the type of counseling you prefer. Explain the contributions and limitations of this theory. This is a three page assignment in total that will should include a title page, page of content, and reference page. At least one peer-reviewed reference is required for this assignment. Submit it to its respective assignment dropbox.

Reading

Chapter 4

Review Online Material

Week 3: Adlerian Theory

Reflective Essay

Identify one peer- reviewed journal article which you plan to use for your final paper. Write a brief (3-page) APA format paper in which you summarize the article, including a statement of the research question and summaries of the research methodology and findings. The remainder of the brief should address the credibility of the article and how it will be relevant to your final research paper. The first page of the brief should be a title page. The third page of the brief will be the reference page in APA style.

Reading

Chapter 5

Review Online Materials

Week 4: Existential and Gestalt Theories

Reading

Chapter 6 & 8

Midterm Exam

Multiple Choice and Essay

Reflective Essay

Identify another peer-reviewed journal article you plan to use for your research paper. (For research assistance, refer to the Stafford Library's Psychology Resource Guide on the course home page.) Write a brief (3-page) APA format paper in which you summarize the article, including a statement of the research question and summaries of the research methodology and findings. The remainder of the brief should address the credibility of the article and how it will be relevant to your final research paper. The first page of the brief should be a title page. The third page of the brief will be the reference page in APA style.

Week 5: Behavior and Reality Theories

Abstract

Write an abstract for your research paper, following APA style.

Reading

Chapter 9-11

Review online materials

Week 6: Feminist and Post Modern Approaches

Annotated Bibliography

Write an annotated bibliography for your final research paper. It should contain only three references from peer-reviewed journal articles.

Reading

Chapter 12 & 13

Review Online Materials

Week 7:

Reading

Chapter 15

Review online materials

Week 8:

Final Integrative Essay

Final Exam

Multiple choice and essay questions for this comprehensive exam

+ Additional Resources

Online databases are available at library.ccis.edu. You may access them using your CougarTrack login and password when prompted.

Technical Support

If you have problems accessing the course or posting your assignments, contact your instructor, the Columbia College Technology Solutions Center, or the D2L Helpdesk for assistance. If you have technical problems with the VitalSource eText

reader, please contact VitalSource. Contact information is also available within the online course environment.

- Columbia College Technology Solutions Center: CCHelpDesk@ccis.edu, 800-231-2391 ex. 4357
- D2L Helpdesk: helpdesk@d2l.com, 877-325-7778
- VitalSource: support@vitalsource.com, 1-855-200-4146

Online Tutoring

SmarterThinking is a free online tutoring service available to all Columbia College students. SmarterThinking provides real-time online tutoring and homework help for Math, English, and Writing. SmarterThinking also provides access to live tutorials in writing and math, as well as a full range of study resources, including writing manuals, sample problems, and study skills manuals. You can access the service from wherever you have a connection to the Internet. I encourage you to take advantage of this free service provided by the college.

Access SmarterThinking through CougarTrack at [Students -> Academics -> Resources](#).

! Columbia College Policies and Procedures

The policies set forth in the [Policy Library](#) are the current official versions of College policies and supersede and replace any other existing or conflicting policies covering the same subject matter. For more information on policies applicable to students, see [Student Policies](#). For more information on policies applicable to the entire Columbia College community, see [College-Wide Policies](#).

Students are expected to read and abide by the College policies. Policies of particular interest to students include, but not limited to the following:

- Graduate Grading Policy
- Undergraduate Grading Policy
- Registration Policy and Procedures
- Withdrawal Policy
- Alcohol and Other Drugs Policy
- Family Educational Rights and Privacy Act (FERPA)

Additional Policies:

Academic Integrity and Plagiarism

Academic integrity is a cumulative process that begins with the first college learning opportunity. Students are responsible for knowing and abiding by the [Academic Integrity Policy and Procedures](#) and may not use ignorance of either as an excuse for academic misconduct. Additionally, all required papers may be submitted for textual similarity review to Turnitin.com for the detection of plagiarism. All submitted papers may be included in the Turnitin.com reference database for the purpose of detecting plagiarism. This service is subject to the Terms and Conditions of Use posted on the Turnitin.com site.

Disability Resources

If you have a disability that requires an accommodation, please speak with the instructor and consult the [Student Accessibility Resources](#) office. Student Accessibility Resources staff will determine appropriate accommodations and will work with your instructor to make sure these are available to you. To find additional information, see our [ADA and Section 504 Policy for Students](#).

Notice of Non-Discrimination and Equal Opportunity:

The College has a process through which students, faculty, staff and community members who have experienced or witnessed incidents of discrimination, harassment, or retaliation on the basis of protected status, can report their experiences to a College official. For more information, see our [Non-Discrimination and Equal Opportunity Policy and Complaint Resolution Procedure](#).

Title IX and Sexual Misconduct

The College is committed to addressing the issues of discrimination, harassment and sexual misconduct in the educational and workplace landscape and will continue to modify policies, procedures and prevention efforts as needed. For more information, see the College's [Title IX and Sexual Misconduct Policy](#).

Course Policies and Procedures:

Attendance Policy

Columbia College students are expected to attend all classes and laboratory periods for which they are enrolled.

For classes with an online component, attendance for a week includes submitting any assigned online activity. Assigned activities are scheduled prior to the course commencing. Assigned activity due dates are subject to change based on actual course progression and will be adjusted as necessary. Attendance for the week is based upon the date work is submitted. A class week is defined as the period of time between Monday and Sunday (except for week 8, when the work and the course will end at 11:59 PM Central Time on Saturday.) The course and system deadlines are based on the Central Time Zone.

Students are directly responsible to instructors for class attendance and work missed during an absence for any cause. If absences jeopardize progress in a course, the College reserves the right to drop or withdraw students from classes. For additional information, see the Administrative Withdrawal for Non-Attendance heading in the [Withdrawal Policy](#).

CougarMail

All students are provided a CougarMail account when they enroll in classes at Columbia College. You are responsible for monitoring email from that account for important messages from the College and from your instructor.

Students should use email for private messages to the instructor and other students. The class discussions are for public messages so the class members can each see what others have to say about any given topic and respond.

Late Assignment Policy

All classes rely on participation and a commitment to your instructor and your classmates to regularly engage in the reading, discussion and writing assignments. You must keep up with the schedule of reading and writing to successfully complete the class.

No late assignments will be accepted without the prior approval of the instructor.

Acceptance of a late assignment is at the discretion of the instructor.

Make-up examinations may be authorized for students who miss regularly-scheduled examinations due to circumstances beyond their control. Make-up examinations must be administered as soon as possible after the regularly scheduled examination period and must be administered in a controlled environment.

Student Conduct

All Columbia College students, whether enrolled in a land-based or online course, are responsible for behaving in a manner consistent with Columbia College's [Student Conduct Code](#) and [Acceptable Computing Use Policy](#). Students violating these policies or any other College policy will be referred to the office of Student Affairs and/or the office of Academic Affairs for possible disciplinary action. The Student Code of Conduct, the [Student Behavioral Misconduct Policy and Procedures](#), and the Acceptable Computing Use Policy can be found in the Policy Library at ccis.edu/policies. The adjunct faculty member maintains the right to manage a positive learning environment all students must adhere to the conventions of online etiquette when enrolled in a course with an online component.